

Wilton - Lyndeborough Cooperative School District  
Wellness Committee Meeting  
at Lyndeborough Central School – Main Conference Room  
Agenda for Monday, February 5, 2018

- Call to Order
- Adjustments to Agenda
- Review of School Care – Cigna Wellness Session
- Email Review of USDA - “Wellness and What Staff Need to Know” series
- Email Review of Big # Focus on Wellness Newsletters
- Review of School Links for SAU website
- Wellness and Health Fair Planning
- Adjournment

Next Meeting Scheduled for: April 30, 2018 at FRES at 3:00 p.m.

Our Goal: To promote a healthy lifestyle for our staff and students.

Please remember to sign the attendance sheet.

Thank you